

#### Newsletter

Date 24 November, 2022

Issue 14

#### **Halifax State School**

17 Victoria Terrace, Halifax QLD 4850

P: (07) 47777132 F: (07) 47777389

E: admin@halifaxss.eq.edu.au

#### Important dates

24 Nov – School Leadership Challenge

6 Dec - Rewards Day

8 Dec – EOY Celebrations 5pm-7pm

9 Dec - Final Day for the year

#### **Our School Rules**

- Courtesy
- Cooperation
- Commitment
- Consideration

#### THIS WEEKS FOCUS

YCDI - Consideration
SCHOOL RULE: Courtesy

Absent Letters and phone calls

# IMPORTANT – The absence number has changed

Please call the school or send a text to the

Absence Phone (0459 825797) in the morning if your child is going to be absent for the day.



#### **From The Principal's Desk**

Dear Parents and Community Members,

#### **Swimming**

Swimming and the combined lessons with Macknade SS are now completed. It has been pleasing to see the great improvement in all of our students and I look forward to seeing them competing in Swimming Carnivals in future years.

#### **Report Cards**

Assessments are being finalised and Report Cards will be distributed in the final week of school.

#### **Rewards Day**

On Tuesday 6.12.22 we will celebrate the student's behaviour and the effort they have put into their learning with a Rewards Day. We will take the students to the JK Kelly theatre to watch 'Polar Express' and then McDonalds for lunch.

#### **End of Year Celebrations**

We are holding an end of year celebration at the school on Thursday 8.12.22. from 5pm to 8pm. Finger foods will be provided, BYO drinks. Students will receive an end of year gift, there will be learning displays from our STEM activities, and a power point looking back over the year. Looking forward to seeing you all there. Awards will be presented as well.

#### **Donald Pritchard**

**Principal Halifax School** 

## **Reading Article**

Reading is a fundamental skill that we all use every single day. Teaching reading strategies for primary students is so very important. We read newspapers, books, directions, text messages, recipes, emails, safety warnings...Reading is everywhere!

It's no secret that developing proficient reading skills from a young age is essential not only for academic success, but for success in all areas and stages of life! However, reading can be a challenging skill that many students struggle to master. And as teachers, we want nothing more than to help our students become comfortable and confident readers.

#### **Decoding: Focus on Problem Sounds**

Decoding is a common skill that students employ when learning to read. I like to think of it like a 'word attack' technique that helps my students translate printed words to speech.

While it is important to focus on decoding all words – from simple to challenging – placing a pointed focus on decoding problem sounds can do wonders for improving your student's reading skills.

But focusing on problem sounds while decoding can be a difficult and tedious process. Finding ways to make this process fun can help keep your students engaged and making steady progress.

Using manipulatives to teach letter-sound relationships is a great technique. You can try counters, magnetic letters, or sound boxes.

Another fun idea is to ask students to identify when you make 'on-purpose' mistakes. Kids love catching errors that teachers make and using this technique when decoding problem sounds is very effective. When they identify an error, have them correct it as well!



#### **Anxiety**

Anxiety is more than just feeling stressed or worried. While stress and anxious feelings are a common response to a situation where we feel under pressure, they usually pass once the stressful situation has passed, or 'stressor' is removed.

Everyone feels anxious from time to time. When anxious feelings don't go away, happen without any particular reason or make it hard to cope with daily life it may be the sign of an anxiety condition.

Anxiety is the most common <u>mental health</u> condition in Australia. On average, one in four people – one in three <u>women</u> and one in five <u>men</u> – will experience anxiety at some stage in their life<sup>1</sup>. In a 12-month period, over two million Australians experience anxiety<sup>2</sup>.

There are many ways to help manage anxiety and the sooner people with anxiety get support, the more likely they are to <u>recover</u>. In this newsletter we will look at GAD

#### What is generalised anxiety disorder (GAD)?

Most people feel anxious and worried from time to time, especially when faced with stressful situations like taking an exam, speaking in public, playing competitive sport or going for a job interview. This sort of anxiety can make you feel alert and focused, helping you get things done faster or perform at your best.

People with GAD, however, feel anxious and worried most of the time, not just in specific stressful situations, and these worries are intense, persistent and interfere with their normal lives. Their worries relate to several aspect of everyday life, including work, health, family and/or financial issues, rather than just one issue. Even minor things such as household chores or being late for an appointment can become the focus of anxiety, leading to uncontrollable worries and a feeling that something terrible will happen.



# **Student of the Week 7**

Congratulations to

Tyler – Placing great effort into his work and improving handwriting





### Studyladder Certificates



GOTCHA WINNERS

Congratulations to

Wk 7 – Tyler

Wk 8 - Trinity

# Combined Lessons with Macknade SS



















**End Of Year Celebrations** 



When: Thursday, December 8th, 2022

Time: 5pm - 7pm

Food will be catered for, BYO Drinks



School students may have holidays just around the corner but cane trains don't. Cane trains will continue to operate around the clock past Christmas.



# KEEP YOUR TRAIN BRAIN SWITCHED ON!

Be alert, stay off our rail network, and

ALWAYS GIVE WAY TO CANE TRAINS.

